

# 72 hrs. Disaster Bug-In Kit

(2 Persons)

## Equipment:

- Battery-Radio*
- Flashlight
- Spare Batteries for everything, possibly a Solar Charger for Cellphones etc.
- Stove + Fuel
- Basic Cookware and Cutlery
- Sturdy Knife, Multitool and Sharpener
- Several Lighters
- Pen & Paper
- Candles, Gas Lamp
- Rope or Cord, Zip-Ties, Wire

## First Aid and Sanitation:

- Soap/Shower-Gel
- Dish Soap
- Dental Care Stuff
- Enough Toilet Paper to fill a Jawa™ Sandcrawler
- Hand Sanitizer
- Tampons
- Water Filter or Sanitizing Tabs
- Basic First Aid Kit (*more on this one later*)

## Food:

- 4 Servings of Canned Food per Person
- 2 Servings of Noodles, Dried Mashed Potatoes, Rice each
- Matching amount of Seasonings for the above Items
- Instant Coffee*, Teabags and Beverage Powder
- Salt, Pepper, Sugar
- Cooking Oil

## Tools of the Trade:

- Sleeping Bags/Blankets
- 2 5-l Water Containers
- One set of warm Clothes for changing
- (Firewood)
- (Power Unit)