



10 Days Blackout Bug-IN Kit:

2 Persons, max. 10 days, Germany-Blackout 2022, Equipment and small stuff in box, groceries and big equipment on the shelf. Concentrate on ONE room (heat, fresh air, electricity).

Per Person: 1800 kcal./day - 2 l water/day – Drugs for 30 days.

Equipment (Box):

- Radio
- Flashlight
- Batteries, Solar Charger, Charger
- Lighter and Tinder
- Pen & Paper
- Candles
- Rope
- Wire
- Tape
- Zip-Ties
- 5 garbage bags
- Cloth
- Cooking possibilities
- Can opener

Sanitary:

- 2 x shower gel
- 2 x dental ncare
- 10 x toilet paper
- Hand sanitizer
- 10 Tampons, medium
- Water filter, conditioner tablets
- Dish soap

First Aid:

- Car First-Aid-Kit
- Painkillers
- Grippostad
- Wound sanitizer

Food (separate box):

- 5 Konserven à 2 Portionen
- 10 x Instant noodles
- 5 Port. pasta à 200 g
- 2 Pkg. Mashed potatoes à 3 portions
- 5 x Instant rice
- 5 x Instant pasta sauce
- 10 x Instant soup
- 10 Power bars
- 20 Port. each coffee, tea and drink powder
- Sugar
- 1 l cooking oil
- Salt & Pepper
- 1 kg flour, instant dry yeast

Additional/Aside:

- Blankets/Sleeping Bags
- Power Unit, charged
- Min. 20 l water, sanitized
- Hatchet
- Knife
- Multitool
- Emergency cash
- Weapon/Pepper spray/etc.
- Cooking gas